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# PSA and MRI – latest evidence on prostate cancer screening

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Dr Sam Merriel

GP and NIHR Academic Clinical Lecturer

University of Manchester

# Declarations

- PCUS have paid my travel costs for today's talk
- I deliver educational talks for Prostate Cancer UK
- Co-investigator for the 'Trial of Randomised Approaches for National Screening FOR Men (TRANSFORM)' funded by Prostate Cancer UK & National Institute for Health and Care Research (NIHR) Health Technology Assessment programme
- My research into prostate cancer diagnosis is funded by the NIHR, Prostate Cancer UK, and Cancer Research UK



# Content

- State of play
- Current guidance
  - PCRMP
  - NICE
- Diagnostic pathway
- Current trials
- TRANSFORM
- Discussion



# State of play



# State of play

## The Lancet Commissions

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### The *Lancet* Commission on prostate cancer: planning for the surge in cases



*Nicholas D James, Ian Tannock, James N'Dow, Felix Feng, Silke Gillessen, Syed Adnan Ali, Blanca Trujillo, Bissan Al-Lazikani, Gerhardt Attard, Freddie Bray, Eva Comp erat, Ros Eeles, Omolara Fatiregun, Emily Grist, Susan Halabi,  ine Haran, Daniel Herchenhorn, Michael Hofman, Mohamed Jalloh, Stacy Loeb, Archie MacNair, Brandon Mahal, Larissa Mendes, Masood Moghul, Caroline Moore, Alicia Morgans, Michael Morris, Declan Murphy, Vedang Murthy, Paul L Nguyen, Anwar Padhani, Charles Parker, Hannah Rush, Mark Sculpher, Howard Soule, Matthew R Sydes, Derya Tilki, Nina Tunariu, Paul Villanti, Li-Ping Xie*

doi:10.1016/S0140-6736(24)00651-2



# State of play

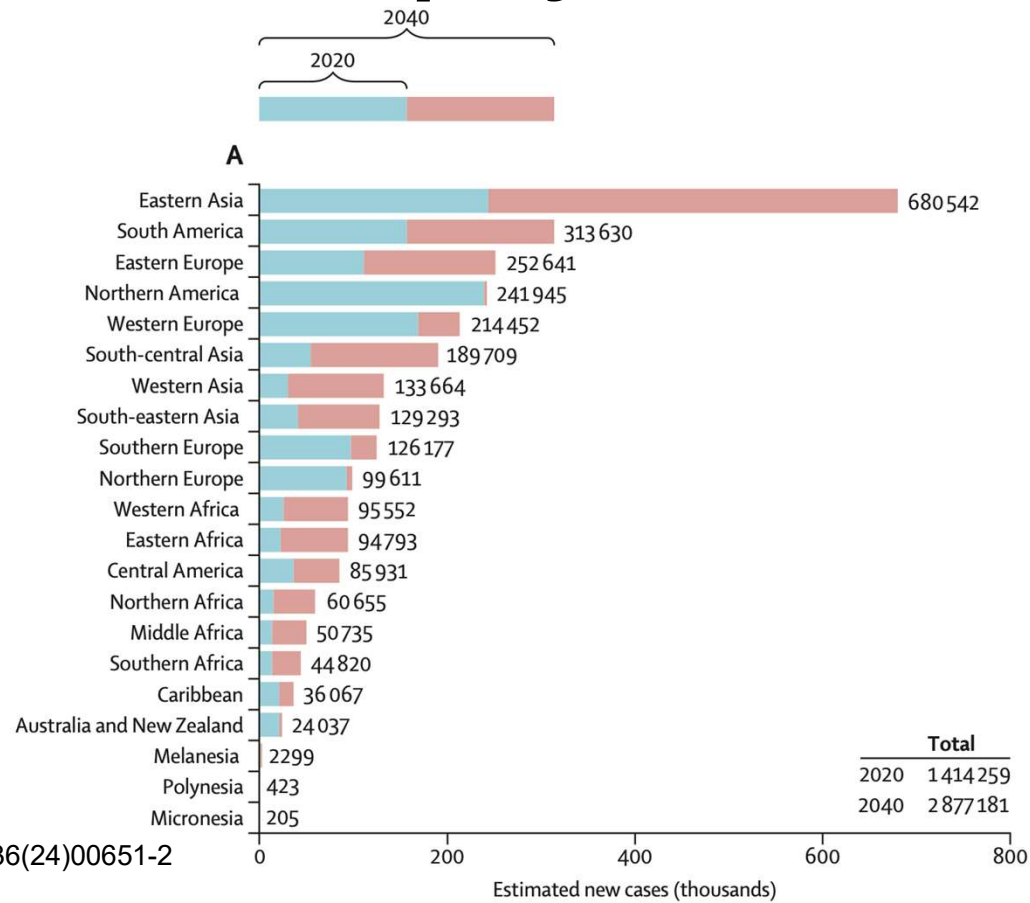
“We project that the number of new cases of prostate cancer annually will rise from 1.4 million in 2020 to 2.9 million by 2040.”

“The projected rise in prostate cancer cases cannot be prevented by lifestyle changes or public health interventions.”

doi:10.1016/S0140-6736(24)00651-2



# State of play



doi:10.1016/S0140-6736(24)00651-2



# State of play

## Cases

52,254



New cases of prostate cancer each year, 2016-2018 average, UK

## Deaths

12,039



Deaths from prostate cancer, 2017-2019, UK.

## Survival

78%



Survive prostate cancer for 10 or more years, 2013-2017, England

## Prevention

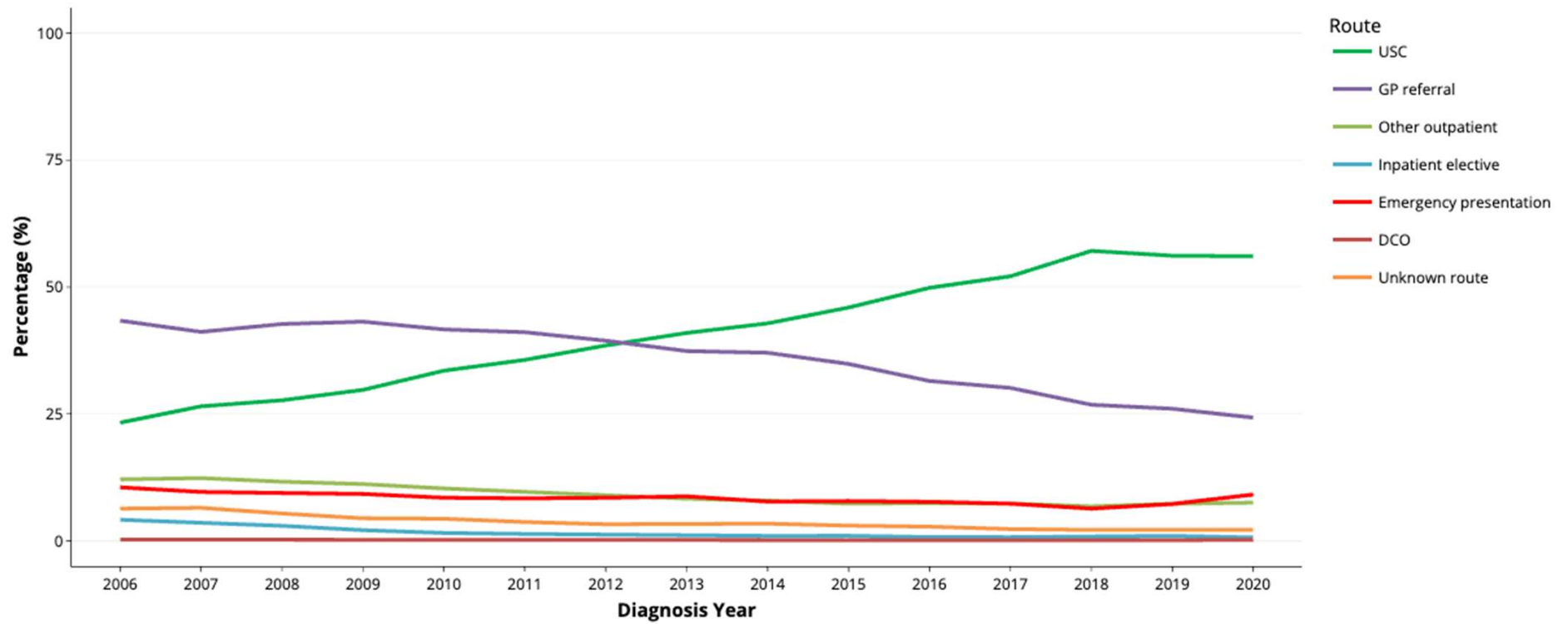
Not clearly linked to any preventable risk factors

Preventable cases of prostate cancer are not known as it is not clearly linked to any preventable risk factors





# State of play



[https://nhsd-ndrs.shinyapps.io/routes\\_to\\_diagnosis/](https://nhsd-ndrs.shinyapps.io/routes_to_diagnosis/)



# State of play



British Journal of General Practice

bringing research to clinical practice

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Article

## Factors affecting prostate cancer detection through asymptomatic PSA testing in primary care in England: Evidence from the 2018 National Cancer Diagnosis Audit

Samuel Merriel, Nurunnahar Akter, Nadine Zakkak, Ruth Swann, Sean McPhail, Greg Rubin, Georgios Lyratzopoulos and Gary A. Abel

British Journal of General Practice 14 October 2024; BJGP.2024.0376. DOI: <https://doi.org/10.3399/BJGP.2024.0376>



# Current guidelines



# Current guidelines

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Adult screening programme

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## Prostate Cancer

The prostate is a small gland found in men. It is located in the pelvis between the penis and the bladder. The main function of the prostate is to help in the production of semen. Prostate cancer is the most common cancer in men and usually affects men over the age of 65.

[» Read more about prostate cancer on NHS UK](#)

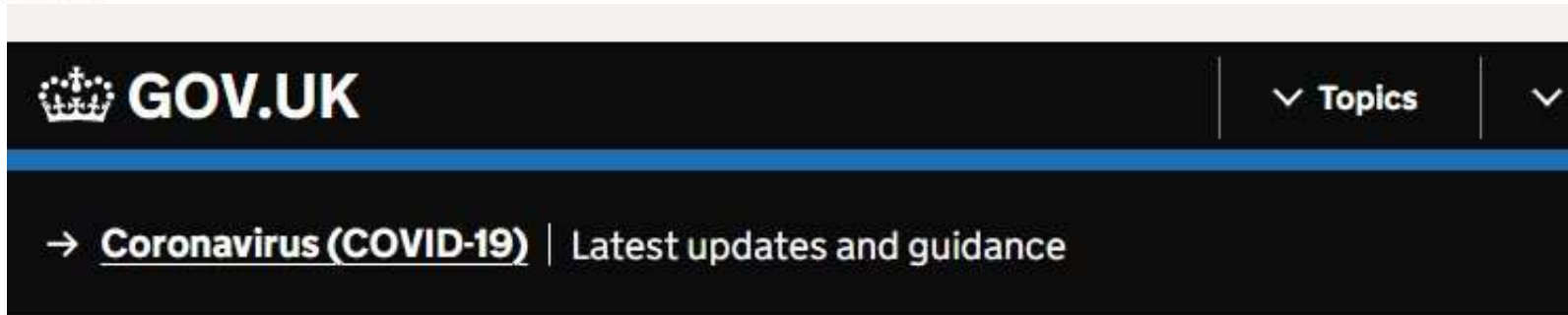
### UK NSC screening recommendation

Based on the last UK NSC review of this condition that occurred in November 2020.

**Screening is not currently recommended for this condition.**



# Current guidelines



Guidance

## Prostate cancer risk management programme: overview

<https://www.gov.uk/guidance/prostate-cancer-risk-management-programme-overview>



# Current guidelines

## PCRMP

- Reactive PSA testing upon request for men 50+ years
- Counselling and testing via GP
- PSA threshold of 3ng/mL



# Current guidelines

## PCRMP gaps

- Men aged below 50
- Men with a strong family history.
- Black men
- How often to test
- When to stop testing





# Current guidelines

## Research

# Optimising the use of the prostate-specific antigen blood test in asymptomatic men for early prostate cancer detection in primary care: report from a UK clinical consensus

Thomas A Harding, Richard M Martin, Samuel WD Merriel, Robert Jones, Joe M O'Sullivan, Mike Kirby, Oluwabunmi Olajide, Alexander Norman, Jaimin Bhatt, Oliver Hulson, Tanimola Martins, Vincent J Gnanapragasam, Jonathan Aning, Meg Burgess, Derek J Rosario, Nora Pashayan, Abel Tesfai, Natalia Norori, Amy Rylance and Andrew Seggie

doi: 10.3399/BJGP.2023.0586





# Current guidelines

## Areas of agreement:

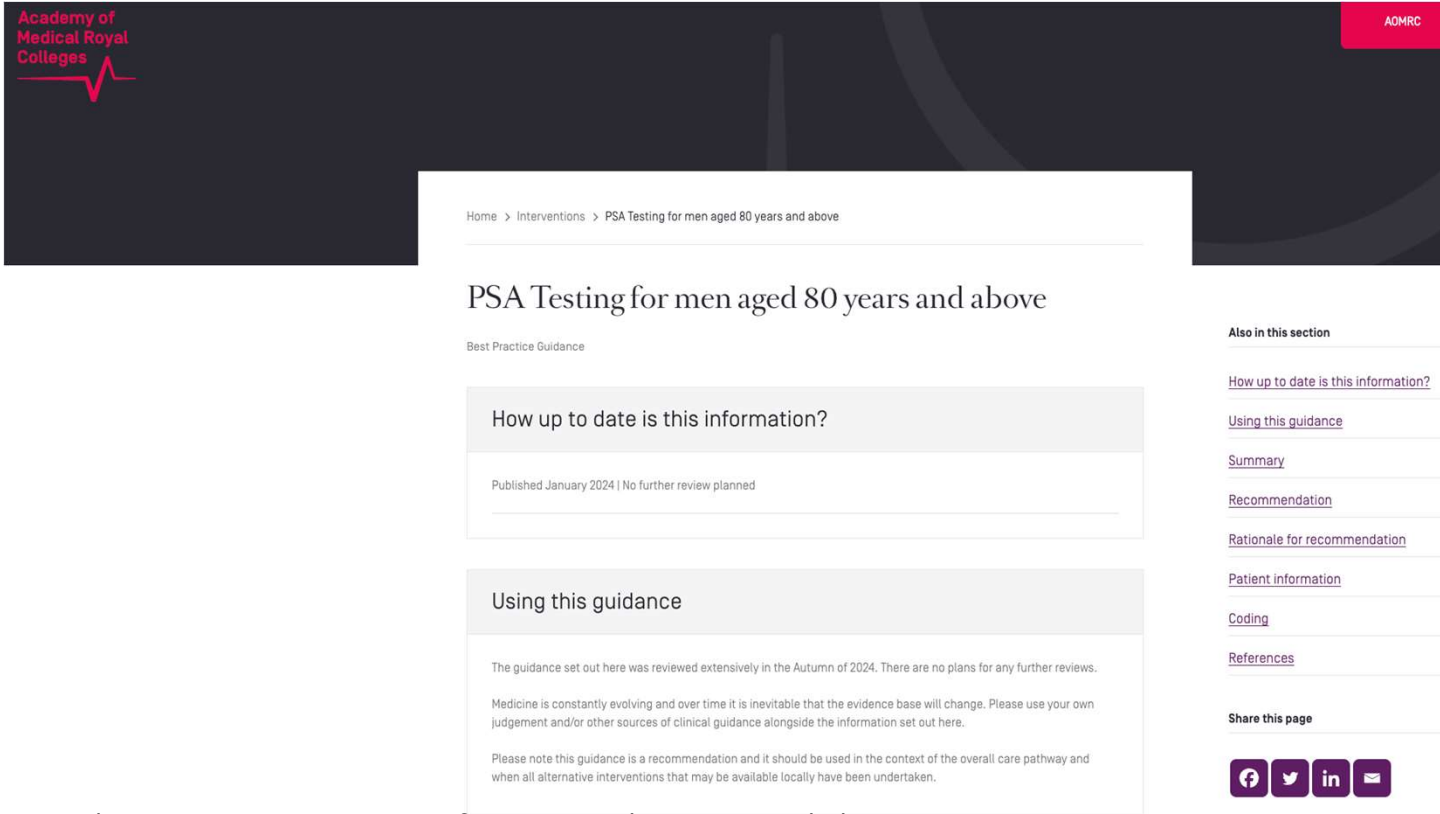
- Awareness raising amongst higher risk men
- Proactive discussions with higher risk men
- Balanced information for men
- Risk-based testing intervals
- No DRE if PSA elevated
- Resource primary care properly to deliver current policy

## Areas of uncertainty:

- Screening men without family history or black ethnicity
- Screening men with family history of BRCA-linked cancers
- Risk-adapted PSA thresholds
- Repeat PSA testing prior to referral
- Specific intervals for retesting
- Design of a national prostate cancer screening programme



# Current guidelines



The screenshot shows a webpage from the Academy of Medical Royal Colleges (AOMRC). The page title is "PSA Testing for men aged 80 years and above". It is categorized as "Best Practice Guidance". The page includes a breadcrumb trail: "Home > Interventions > PSA Testing for men aged 80 years and above". There are two main content boxes: "How up to date is this information?" and "Using this guidance". The "How up to date" box states it was published in January 2024 with no further review planned. The "Using this guidance" box contains two paragraphs of text. On the right side, there is a list of links under the heading "Also in this section", including "How up to date is this information?", "Using this guidance", "Summary", "Recommendation", "Rationale for recommendation", "Patient information", "Coding", and "References". Below these links are social media sharing icons for Facebook, Twitter, LinkedIn, and Email.

Academy of Medical Royal Colleges

ADMR

Home > Interventions > PSA Testing for men aged 80 years and above

## PSA Testing for men aged 80 years and above

Best Practice Guidance

### How up to date is this information?

Published January 2024 | No further review planned

### Using this guidance

The guidance set out here was reviewed extensively in the Autumn of 2024. There are no plans for any further reviews.

Medicine is constantly evolving and over time it is inevitable that the evidence base will change. Please use your own judgement and/or other sources of clinical guidance alongside the information set out here.

Please note this guidance is a recommendation and it should be used in the context of the overall care pathway and when all alternative interventions that may be available locally have been undertaken.

**Also in this section**

- [How up to date is this information?](#)
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- [Rationale for recommendation](#)
- [Patient information](#)
- [Coding](#)
- [References](#)

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<https://ebi.aomrc.org.uk/interventions/psa-testing-for-men-aged-80-years-and-above/>



# Current guidelines

ANALYSIS

## Current policies on early detection of prostate cancer create overdiagnosis and inequity with minimal benefit

Informed choice approaches lead to high rates of unsystematic PSA testing, especially among those least likely to benefit and most likely to be harmed, argue **Andrew Vickers and colleagues**

Andrew Vickers,<sup>1</sup> Frank O'Brien,<sup>2</sup> Francesco Montorsi,<sup>3</sup> David Galvin,<sup>4</sup> Ola Bratt,<sup>5</sup> Sigrid Carlsson,<sup>1,5,6</sup> James WF Catto,<sup>7</sup> Agne Krilaviciute,<sup>8</sup> Michael Philbin,<sup>9</sup> Peter Albers<sup>8,10</sup>

doi:10.1136/bmj-2022-071082



# Current guidelines

Opinion » Primary Colour

## Helen Salisbury: Opportunity costs and the time needed to treat

BMJ 2023 ; 380 doi: <https://doi.org/10.1136/bmj.p168> (Published 24 January 2023)

Cite this as: *BMJ* 2023;380:p168

Article

Related content

Metrics

Responses

Helen Salisbury, GP

“Hashim Ahmed, chair in urology at Imperial College London, speaking on BBC Radio 4’s Today programme, recently advised all men over 50 to ask their GP for a prostate specific antigen (PSA) test to look for cancer. Such consultations would ideally involve discussions about personal risk factors, why regular PSA testing isn’t recommended by the UK National Screening Committee, recent advances in diagnostic techniques, and the tricky concept of overdiagnosis—explaining that some cancers wouldn’t cause harm in the course of the patient’s lifetime, but we don’t know which ones, and that the treatment itself may have negative health effects. This is not a brief add-on task but a whole separate GP appointment.”



# Symptomatic prostate cancer diagnosis



# Symptomatic diagnosis

**NICE** National Institute for  
Health and Care Excellence



## Suspected cancer: recognition and referral

NICE guideline

Published: 23 June 2015

Last updated: 2 October 2023

[www.nice.org.uk/guidance/ng12](http://www.nice.org.uk/guidance/ng12)



# Symptomatic diagnosis

## 1.6 Urological cancers

### Prostate cancer

- 1.6.1 Refer people using a [suspected cancer pathway referral](#) for prostate cancer if their prostate feels malignant on digital rectal examination. [2015]
- 1.6.2 Consider a prostate-specific antigen (PSA) test and digital rectal examination to assess for prostate cancer in people with:
- any lower urinary tract symptoms, such as nocturia, urinary frequency, hesitancy, urgency or retention or
  - erectile dysfunction or
  - visible haematuria. [2015]





# Symptomatic diagnosis

1.6.3 Consider referring people with possible symptoms of prostate cancer, as specified in recommendation 1.6.2, using a [suspected cancer pathway referral](#) for prostate cancer if their PSA levels are above the threshold for their age in table 1. Take into account the person's preferences and any comorbidities when making the decision. [2021]

**Table 1 Age-specific PSA thresholds for people with possible symptoms of prostate cancer**

Age (years)	Prostate-specific antigen threshold (micrograms/litre)
Below 40	Use clinical judgement
40 to 49	More than 2.5
50 to 59	More than 3.5
60 to 69	More than 4.5
70 to 79	More than 6.5
Above 79	Use clinical judgement





# Current guidelines

## Urgent suspicion of cancer referral

### Prostate Cancer

- Evidence from digital rectal examination of a hard, irregular prostate
- Elevated or rising age-specific Prostate Specific Antigen (PSA). Rough guide to normal PSA levels (ng/ml):
  - Less than 60 years < 3
  - Aged 60–69 years < 4
  - Aged 70 years and over < 5

These figures are a pragmatic aid based on clinical consensus. The principles of Realistic Medicine should be applied when considering referral and, in older men, routine or no referral may be appropriate for PSA levels of:

- Aged 80-85 years > 10
- Aged 86 years and over > 20

<https://www.cancerreferral.scot.nhs.uk/urological-cancers/>



# Symptomatic diagnosis

Gnanapragasam et al. *BMC Medicine* (2022) 20:264  
<https://doi.org/10.1186/s12916-022-02453-7>

BMC Medicine

OPINION

Open Access

## Urinary symptoms and prostate cancer—the misconception that may be preventing earlier presentation and better survival outcomes



Vincent J. Gnanapragasam<sup>1,2,3\*</sup>, David Greenberg<sup>4</sup> and Neil Burnet<sup>5</sup>



# Symptomatic diagnosis



## Clinical features of prostate cancer before diagnosis: a population-based, case-control study

*William Hamilton, Deborah J Sharp, Tim J Peters and Alison P Round*

British Journal of General Practice 2006; 56 (531): 756-762.

### Research

Julia Hippisley-Cox and Carol Coupland

### Symptoms and risk factors to identify men with suspected cancer in primary care:

derivation and validation of an algorithm

doi:10.3399/bjgp13X660724



# Symptomatic diagnosis

## Presenting symptoms of cancer and stage at diagnosis: evidence from a cross-sectional, population-based study

Minjung Monica Koo, Ruth Swann, Sean McPhail, Gary A Abel, Lucy Elliss-Brookes, Greg P Rubin, Georgios Lyraatzopoulos

### Alternative parameterisation of advanced stage category as stage III-IV

Different parameterisation of stage at diagnosis was examined by defining late stage cases as those diagnosed at stages III or IV (stage IV in the main analysis) (n=7,997).

Reference group = patients with change in bowel habit. The non-shaded columns repeat data from the main analysis, presented here for ease of comparison.

Symptom (seen alone)	Main analysis			Sensitivity analysis		
	N (%) with stage IV	Unadjusted OR (95% CI) <sup>1</sup>	Adjusted OR (95% CI) <sup>2</sup>	N (%) with stage III-IV	Unadjusted OR (95% CI) <sup>1</sup>	Adjusted OR (95% CI) <sup>2</sup>
Abnormal mole	7 (1%)	0.04 (0.02-0.09)	0.17 (0.06-0.51)	38 (7%)	0.06 (0.04-0.09)	0.43 (0.20-0.93)
Breast lump	36 (3%)	0.11 (0.07-0.17)	0.20 (0.11-0.37)	163 (15%)	0.14 (0.10-0.19)	0.34 (0.21-0.55)
PMB	9 (4%)	0.12 (0.06-0.26)	0.40 (0.16-1.02)	33 (14%)	0.13 (0.08-0.21)	0.45 (0.24-0.85)
Rectal bleeding	28 (13%)	0.46 (0.27-0.77)	0.46 (0.27-0.78)	102 (47%)	0.70 (0.47-1.03)	0.66 (0.44-0.98)
<b>LUTS</b>	<b>121 (15%)</b>	<b>0.54 (0.37-0.79)</b>	<b>0.56 (0.35-0.90)</b>	<b>325 (40%)</b>	<b>0.52 (0.38-0.72)</b>	<b>0.70 (0.47-1.05)</b>
Haematuria	57 (18%)	0.65 (0.42-1.02)	0.79 (0.47-1.35)	98 (30%)	0.34 (0.23-0.49)	0.79 (0.50-1.24)
CIBH	46 (25%)	Ref	Ref	105 (56%)	Ref	Ref
Lower abdominal pain	18 (35%)	1.66 (0.85-3.22)	1.98 (1.00-3.94)	409 (47%)	0.68 (0.49-0.93)	0.91 (0.63-1.32)
Any other symptom	265 (30%)	1.32 (0.92-1.90)	1.27 (0.84-1.92)	36 (53%)	0.87 (0.50-1.52)	0.95 (0.41-2.23)
Abdominal pain	29 (33%)	1.47 (0.84-2.56)	1.45 (0.81-2.59)	31 (53%)	0.89 (0.49-1.60)	0.90 (0.49-1.67)
Hoarseness	21 (31%)	1.36 (0.74-2.51)	1.33 (0.57-3.10)	56 (63%)	1.31 (0.78-2.20)	1.52 (0.89-2.61)
Fatigue	18 (31%)	1.37 (0.72-2.62)	1.07 (0.54-2.10)	24 (47%)	0.69 (0.37-1.28)	0.90 (0.47-1.71)
Weight loss	27 (38%)	1.87 (1.04-3.35)	1.23 (0.66-2.28)	38 (54%)	0.89 (0.51-1.54)	0.78 (0.44-1.40)
Cough	72 (45%)	2.46 (1.56-3.88)	0.99 (0.59-1.65)	123 (76%)	2.50 (1.57-3.98)	1.42 (0.84-2.38)
Haemoptysis	33 (56%)	3.86 (2.09-7.13)	1.51 (0.78-2.92)	66 (61%)	1.21 (0.75-1.97)	0.75 (0.44-1.27)
Chest infection	34 (54%)	3.57 (1.96-6.48)	1.40 (0.73-2.66)	45 (71%)	1.93 (1.04-3.58)	1.07 (0.55-2.09)
Dyspnoea	52 (48%)	2.83 (1.71-4.68)	1.22 (0.70-2.12)	44 (75%)	2.26 (1.18-4.35)	1.25 (0.62-2.50)
Back pain	62 (58%)	4.19 (2.52-6.97)	3.19 (1.82-5.59)	76 (71%)	1.89 (1.14-3.14)	1.97 (1.13-3.43)
Chest pain	50 (60%)	4.61 (2.66-8.00)	2.12 (1.16-3.86)	66 (80%)	2.99 (1.63-5.49)	1.96 (1.03-3.75)
Neck lump	52 (80%)	12.17 (6.09-24.35)	5.62 (2.61-12.13)	63 (97%)	24.30 (5.77-102.28)	16.46 (3.76-72.10)
Joint Wald test	-	p<0.0010	p<0.0010	-	p<0.0010	p<0.0010

CIBH: change in bowel habit; LUTS: lower urinary tract symptoms; PMB: post-menopausal bleeding

<sup>1</sup> adjusted for symptoms

<sup>2</sup> adjusted for symptoms, sex, age group, ethnicity, IMD quintile, cancer diagnosis

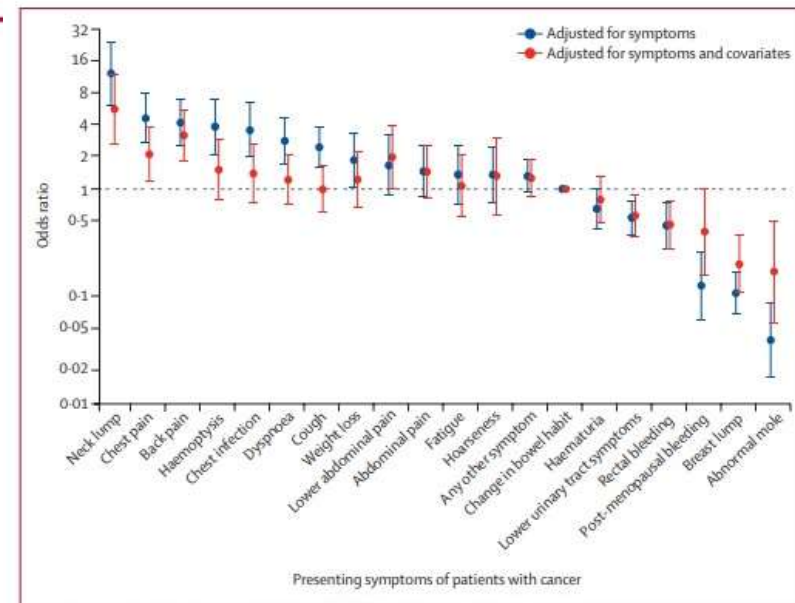


Figure 3: Odds ratios of stage IV disease by presenting symptoms seen alone

Odds ratios of stage IV disease by symptom without adjustment (blue); and with adjustment for sex, age group, ethnicity, IMD quintile, and cancer diagnosis (red). Data shown for 7997 patients with one of 12 cancers. Error bars represent 95% CIs; the dashed line represents the value of the reference group (patients with change in bowel habit). For odds ratios of symptoms when reported with other symptoms, see appendix p 9.

doi:10.1016/S1470-2045(19)30595-9

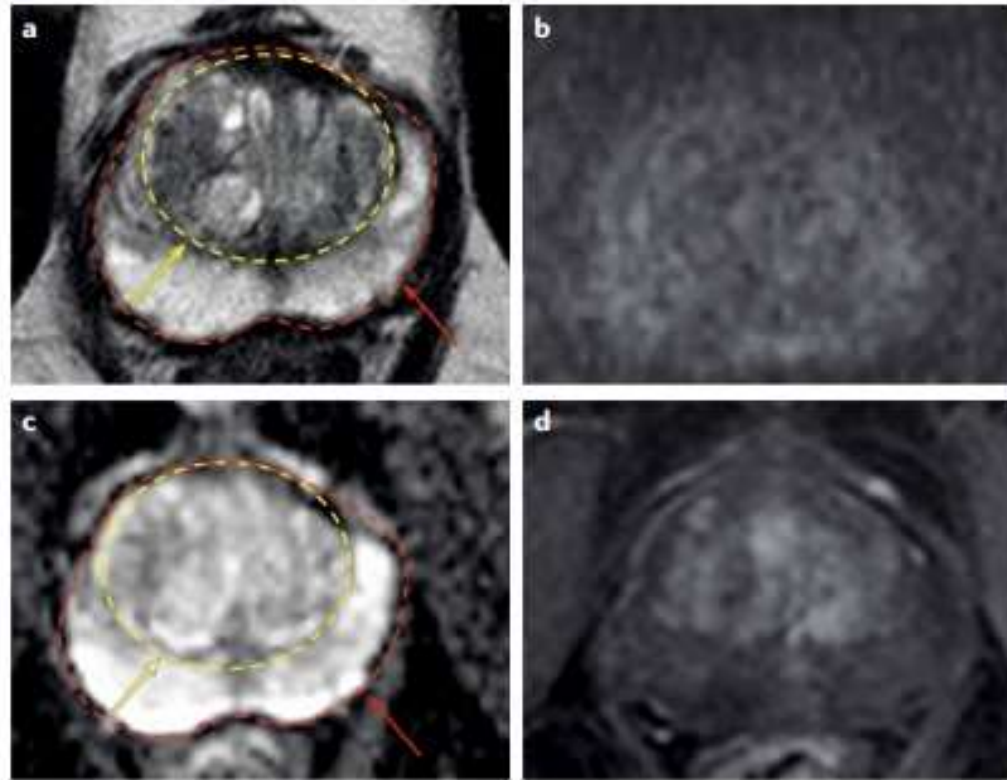


# Prostate cancer diagnostic pathway





# Diagnostic pathway



doi:10.1038/s41585-019-0212-4



# Diagnostic pathway

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## Diagnostic accuracy of multi-parametric MRI and TRUS biopsy in prostate cancer (PROMIS): a paired validating confirmatory study

*Hashim U Ahmed\*, Ahmed El-Shater Bosaily\*, Louise C Brown\*, Rhian Gabe, Richard Kaplan, Mahesh K Parmar, Yolanda Collaco-Moraes, Katie Ward, Richard G Hindley, Alex Freeman, Alex P Kirkham, Robert Oldroyd, Chris Parker, Mark Emberton, and the PROMIS study group†*

doi:10.1016/S0140-6736(16)32401-1



# Diagnostic pathway

## *The* NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

MAY 10, 2018

VOL. 378 NO. 19

### MRI-Targeted or Standard Biopsy for Prostate-Cancer Diagnosis

V. Kasivisvanathan, A.S. Rannikko, M. Borghi, V. Panebianco, L.A. Mynderse, M.H. Vaarala, A. Briganti, L. Budäus, G. Hellawell, R.G. Hindley, M.J. Roobol, S. Eggener, M. Ghei, A. Villers, F. Bladou, G.M. Villeirs, J. Viridi, S. Boxler, G. Robert, P.B. Singh, W. Venderink, B.A. Hadaschik, A. Ruffion, J.C. Hu, D. Margolis, S. Crouzet, L. Klotz, S.S. Taneja, P. Pinto, I. Gill, C. Allen, F. Giganti, A. Freeman, S. Morris, S. Punwani, N.R. Williams, C. Brew-Graves, J. Deeks, Y. Takwoingi, M. Emberton, and C.M. Moore, for the PRECISION Study Group Collaborators\*

doi: 10.1056/NEJMoa1801993





# Diagnostic pathway



**Cochrane**  
**Library**

Cochrane Database of Systematic Reviews

## Prostate MRI, with or without MRI-targeted biopsy, and systematic biopsy for detecting prostate cancer (Review)

Drost FJH, Osses DF, Nieboer D, Steyerberg EW, Bangma CH, Roobol MJ, Schoots IG

doi:10.1002/14651858.CD012663.pub2



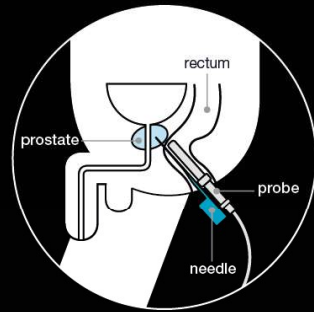
# Diagnostic pathway



## Before 2019



PSA blood test



Transrectal biopsy

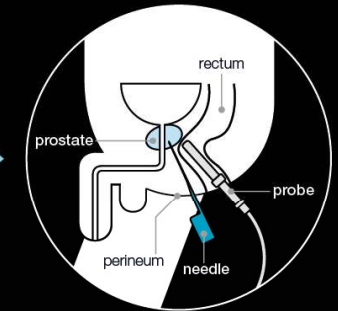
## TODAY



PSA blood test



mpMRI scan



Transperineal biopsy



# Diagnostic pathway

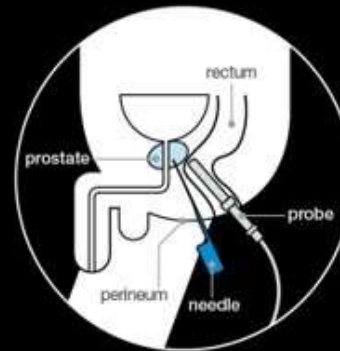
Using mpMRI means some men without cancer can safely avoid a biopsy.



**64%**  
FEWER  
UNNECESSARY  
BIOPSIES

PROSTATE CANCER UK

Taking prostate samples via the perineum reduces the risk of sepsis.



**55%**  
FEWER  
CASES OF  
SEPSIS

PROSTATE CANCER UK

doi:10.1200/JCO.2023.41.6\_suppl.43



# Prostate cancer screening trials



# Screening trials

Research

JAMA | **Original Investigation**

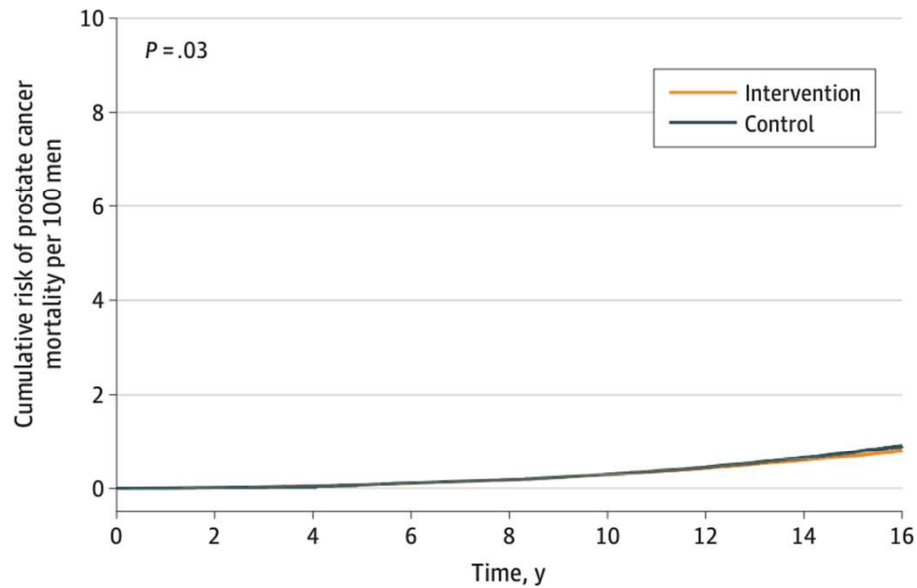
## Prostate-Specific Antigen Screening and 15-Year Prostate Cancer Mortality A Secondary Analysis of the CAP Randomized Clinical Trial

Richard M. Martin, BM, BS, PhD; Emma L. Turner, PhD; Grace J. Young, MSc; Chris Metcalfe, PhD; Eleanor I. Walsh, MSc; J. Athene Lane, PhD; Jonathan A. C. Sterne, PhD; Sian Noble, PhD; Peter Holding, MSc; Yoav Ben-Shlomo, MBBS, PhD; Naomi J. Williams, PhD; Nora Pashayan, MD, PhD; Mai Ngoc Bui, PhD; Peter C. Albertsen, MD; Tyler M. Seibert, MD, PhD; Anthony L. Zietman, MD; Jon Oxley, MD; Jan Adolfsson, MD; Malcolm D. Mason, MD; George Davey Smith, DSc; David E. Neal, MD; Freddie C. Hamdy, MD; Jenny L. Donovan, PhD; for the CAP Trial Group  
doi:10.1001/jama.2024.4011



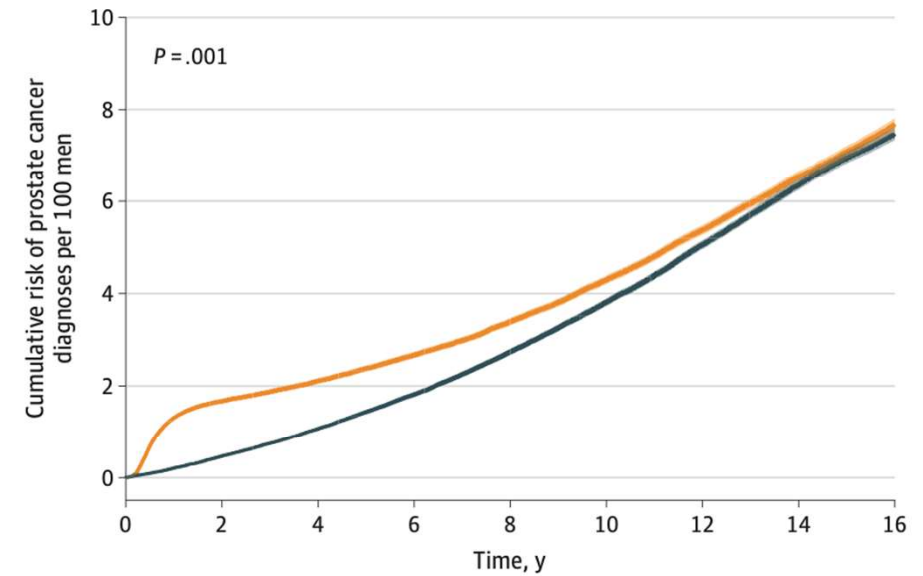
# Screening trials

**A** Prostate cancer mortality



No. at risk	0	2	4	6	8	10	12	14	16
Intervention	189326	177962	164154	146469	51975				
Control	219395	206205	189599	166375	40988				

**C** Prostate cancer detection



No. at risk	0	2	4	6	8	10	12	14	16
Intervention	189326	174289	158876	139138	48427				
Control	219395	204203	184887	158863	38396				

doi:10.1001/jama.2024.4011





# Screening trials

EUROPEAN UROLOGY 84 (2023) 426–434

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



European Association of Urology



Prostate Cancer – Editor's Choice

## A Detailed Evaluation of the Effect of Prostate-specific Antigen-based Screening on Morbidity and Mortality of Prostate Cancer: 21-year Follow-up Results of the Rotterdam Section of the European Randomised Study of Screening for Prostate Cancer

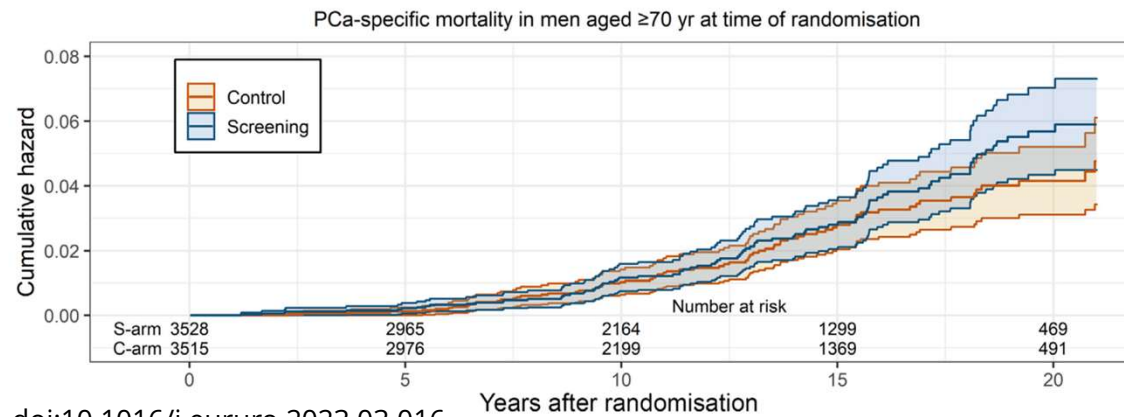
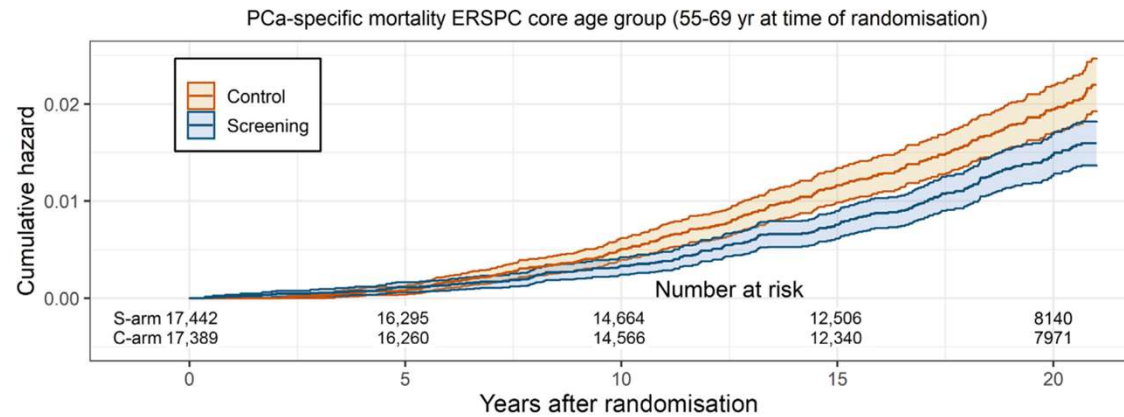
*Ivo I. de Vos<sup>†,\*</sup>, Annick Meertens<sup>†</sup>, Renée Hogenhout, Sebastiaan Remmers, Monique J. Roobol, on behalf of the ERSPC Rotterdam Study Group*

*Erasmus MC Cancer Institute, University Medical Center Rotterdam, Rotterdam, The Netherlands*

doi:10.1016/j.eururo.2023.03.016



# Screening trials



doi:10.1016/j.eururo.2023.03.016





# Screening trials

Original Article

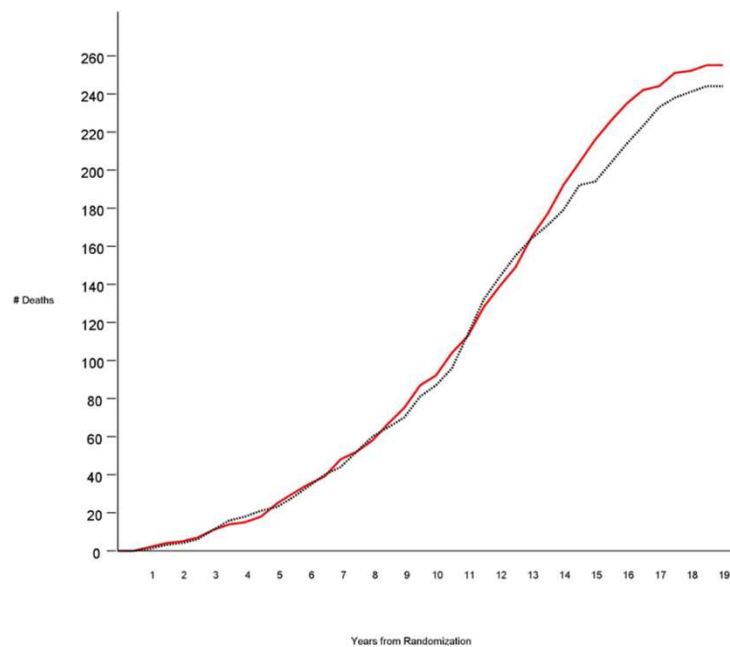
## Extended Mortality Results for Prostate Cancer Screening in the PLCO Trial With Median Follow-Up of 15 Years

Paul F. Pinsky, PhD<sup>1</sup>; Philip C. Prorok, PhD<sup>1</sup>; Kelly Yu, PhD<sup>2</sup>; Barnett S. Kramer, MD, MPH<sup>1</sup>; Amanda Black, PhD<sup>2</sup>;  
John K. Gohagan, PhD<sup>3</sup>; E. David Crawford, MD<sup>4</sup>; Robert L. Grubb, MD<sup>5</sup>; and Gerald L. Andriole, MD<sup>5</sup>

<https://doi.org/10.1002/cncr.30474>



# Screening trials



Intervention Arm

# at Risk	38340	37715	36877	35868	34664	33220	30800	22865	12805	2631
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Control Arm

# at Risk	38343	37710	36833	35765	34549	33092	30493	22496	12453	2468
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<https://doi.org/10.1002/cncr.30474>



# Screening trials

Research

JAMA Oncology | **Original Investigation**

## Magnetic Resonance Imaging in Prostate Cancer Screening A Systematic Review and Meta-Analysis

Tamás Fazekas, MD; Sung Ryul Shim, MPH, PhD; Giuseppe Basile, MD; Michael Baboudjian, MD; Tamás Kói, PhD;  
Mikolaj Przydacz, MD, PhD, DSc; Mohammad Abufaraj, MD; Guillaume Ploussard, MD, PhD;  
Veeru Kasivisvanathan, MD, PhD; Juan Gómez Rivas, MD, PhD; Giorgio Gandaglia, MD; Tibor Szarvas, PhD, DSc;  
Ivo G. Schoots, MD, PhD; Roderick C. N. van den Bergh, MD, PhD; Michael S. Leapman, MD, MHS;  
Péter Nyirády, MD, PhD, DSc; Shahrokh F. Shariat, MD, DDr(hc); Pawel Rajwa, MD, PhD

doi:10.1001/jamaoncol.2024.0734



# Screening trials

EUROPEAN UROLOGY 86 (2024) 95–100

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journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



European Association of Urology



Platinum Priority – Prostate Cancer

*Editorial by Ian M. Thompson Jr. on pp. 101–102 of this issue*

## Prostate Cancers in the Prostate-specific Antigen Interval of 1.8–3 ng/ml: Results from the Göteborg-2 Prostate Cancer Screening Trial

**Fredrik Möller**<sup>a,b,\*</sup>, **Marianne Månsson**<sup>a</sup>, **Jonas Wallström**<sup>c,d</sup>, **Mikael Hellström**<sup>c,d</sup>,  
**Jonas Hugosson**<sup>a,e</sup>, **Rebecka Arnsrud Godtman**<sup>a,e</sup>

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doi:10.1016/j.eururo.2024.01.017



# Screening trials

**Table 2 – Results for MRI scans and prostate biopsies**

Variables	PSA 1.8– <3.0	PSA 3– <10
Men, <i>n</i>	670	377
PI-RADS, <i>n</i> (%)		
≤2	479 (72)	245 (65)
3	52 (7.8)	26 (6.9)
4	101 (15)	64 (17)
5	7 (1.0)	20 (5.3)
No MRI	31 (4.6)	22 (5.8)
PI-RADS ≥3, <i>n</i> (%)	160 (24)	110 (29)
Biopsy procedures, <i>n</i> (%)	156 (23)	109 (29)
Referred to biopsy but not performed, <i>n</i> (%)	4 (0.60)	1 (0.27)
Biopsy outcome, <i>n</i> (%)		
Benign	92 (14)	48 (13)
Gleason 3 + 3	33 (4.9)	26 (6.9)
Gleason 3 + 4	24 (3.6)	25 (6.6)
Gleason 3 + 5	0	2 (0.53)
Gleason 4 + 3	4 (0.60)	2 (0.53)
Gleason 4 + 4	0	2 (0.53)
Gleason 4 + 5	3 (0.44)	2 (0.53)
Gleason 5 + 4	0	2 (0.53)
Insignificant cancer = Gleason 6, <i>n</i> (%)	33 (4.9)	26 (6.9)
Significant cancer = Gleason ≥7, <i>n</i> (%)	31 (4.6)	35 (9.3)

MRI = magnetic resonance imaging; PI-RADS = Prostate Imaging Reporting and Data System; PSA = prostate-specific antigen.

doi:10.1016/j.eururo.2024.01.017




# Screening trials

Open access

Original research

BMJ Oncology

## Prevalence of MRI lesions in men responding to a GP-led invitation for a prostate health check: a prospective cohort study

Caroline M Moore <sup>1,2</sup>, Elena Frangou,<sup>3</sup> Neil McCartan,<sup>1,4</sup> Aida Santaolalla,<sup>5</sup> Douglas Kopcke,<sup>6,7</sup> Giorgio Brembilla,<sup>6</sup> Joanna Hadley,<sup>2,6</sup> Francesco Giganti,<sup>1,7</sup> Teresa Marsden,<sup>1,2</sup> Mieke Van Hemelrijck,<sup>5</sup> Fiona Gong,<sup>6</sup> Alex Freeman,<sup>8</sup> Aiman Haider,<sup>8</sup> Steve Tuck,<sup>9</sup> Nora Pashayan,<sup>10</sup> Thomas Callender,<sup>11</sup> Saran Green,<sup>5</sup> Louise C Brown,<sup>3</sup> Shonit Punwani,<sup>6,7</sup> Mark Emberton,<sup>2,12</sup> on behalf of the Re-Imagine Study group

doi:10.1136/bmjonc-2023-000057





# Screening trials

ReIMAGINE – Clinically significant PCa (Gleason  $\geq 3+4=7$ )

	MRI +ve	MRI -ve	
PSA < 3ng/mL	14 (56%)	0 (0%)	14
PSA $\geq$ 3ng/mL	11 (44%)	4 (100%)	15
	25	4	29



# Screening trials

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available at [www.sciencedirect.com](http://www.sciencedirect.com)

journal homepage: [euoncology.europeanurology.com](http://euoncology.europeanurology.com)



European Association of Urology



## An Evaluation of Screening Pathways Using a Combination of Magnetic Resonance Imaging and Prostate-specific Antigen: Results from the IP1-PROSTAGRAM Study

David Eldred-Evans<sup>a,b</sup>, Henry Tam<sup>c</sup>, Heminder Sokhi<sup>d,e</sup>, Anwar R. Padhani<sup>e</sup>, Martin Connor<sup>a,b</sup>, Derek Price<sup>f</sup>, Martin Gammon<sup>g</sup>, Natalia Klimowska-Nassar<sup>h,i</sup>, Paula Burak<sup>h,i</sup>, Emily Day<sup>h,i</sup>, Mathias Winkler<sup>a,b</sup>, Francesca Fiorentino<sup>h,i</sup>, Hashim U. Ahmed<sup>a,b,\*</sup>

doi:10.1016/j.euo.2023.03.009





**PROSTATE  
CANCER UK**

**TRANSFORM**



# TRANSFORM

1

## Stage 1 (3 years)

- Pilot 4 screening interventions
- Evaluate how to deliver pivotal trial assessing key processes and assumptions
- Short-term outcomes
- Develop bio-digital twin protocols

2

## Stage 2 (6 years)

- Main trial of optimal intervention
- Medium-term clinical outcomes
- PROMS: quality of life.
- Costs and resources
- Create bio-digital twin

3

## Stage 3 (10 years)

- Evaluate long-term primary outcomes through linkage to national databases



# TRANSFORM



- Men aged 50 to 75 years
- Men aged 45 to 50 with Black ethnicity
- No previous prostate cancer
- No recent PSA test, prostate MRI, prostate biomarker test or prostate biopsy



# TRANSFORM

Primary test	Group	Referral criteria
PSA	PHC 1	PSA $\geq$ 3ng/ml $\rightarrow$ MRI
	PHC 2	PSA $\geq$ 1ng/ml $\rightarrow$ MRI
MRI	PHC 3	MRI in all. Blood samples for PSA density
PRS	PHC 4	PRS 10-year AR $\geq$ 3.5 $\rightarrow$ MRI. Saliva for PRS Bloods for PSA density.





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# Thank you



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# TRANSFORM



**UCL** Queen Mary University of London **Imperial Prostate**

**MOVEMBER** FUNDED BY **NIHR** National Institute for Health and Care Research **ICR** The Institute of Cancer Research